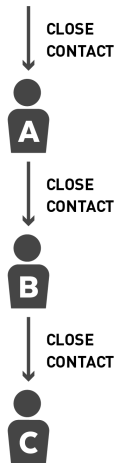


# DO I NEED TO SELF-ISOLATE FOR COVID-19?

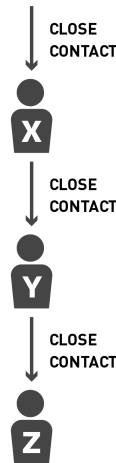
This guidance is for people with **NO fever or respiratory symptoms** and are **not healthcare workers**, and is based on the best scientific advice currently available. Your risk depends in part on your contact with others who have been infected or are at risk. This chart is intended to help you adjust your behavior based on whether you have had direct or indirect contact with people who are at risk.



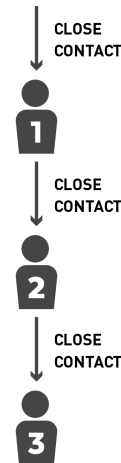
**PERSON WHO HAS TESTED POSITIVE FOR COVID-19**



**PERSON WHO WAS TESTED AND IS AWAITING RESULTS**



**PERSON WHO IS WELL, BUT TRAVELED IN A LEVEL 3 AREA**



## **If you are Person A:**

Self-Isolate for 14 days. Notify Human Resources.

## **If you are Person B:**

Okay to go to work. Practice social distancing. Watch for symptoms. If you develop fever or other symptoms, contact your primary care physician.

## **If you are Person C:**

Okay to go to work. Practice social distancing. If you develop symptoms, contact your primary care physician.

## **If you are Person X:**

Self-Isolate for 14 days. Notify Human Resources.

## **If you are Person Y:**

Okay to go to work. Practice social distancing. Watch for symptoms. If you develop fever or other symptoms, contact your primary care physician.

## **If you are Person Z:**

Okay to go to work. Practice social distancing. If you develop symptoms, contact your primary care physician.

## **If you are Person 1 and your contact traveled within the past 14 days:**

Okay to go to work. Practice social distancing. Watch for symptoms. If you develop symptoms, contact your primary care physician.

## **If you are Person 1 and your contact traveled more than 14 days ago:**

Okay to go to work. Practice social distancing. Watch for symptoms. If you develop symptoms, contact your primary care physician.

## **If you are Person 2 or 3:**

Okay to go to work. Practice social distancing. Watch for symptoms. If you develop symptoms, contact your primary care physician.

**\*Close contact means being within 6 feet for a prolonged period of time OR having direct contact with infectious secretions (e.g., being coughed on).**

**NOTE:** If you have a connection that is more distant than the options described above, you do NOT need to do anything more than social distancing, which is recommended for everyone. People connected to you do not need to do anything different from everyone else, unless they themselves have risks due to some other exposure.