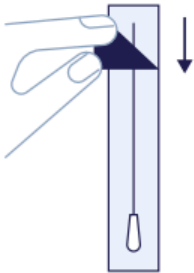


1
Remove the cap of the collection tube.

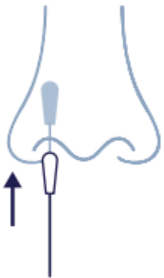
Keep the cap and collection tube nearby.



2
Open the package with the swab.

Starting from the handle end of the swab package, peel open the paper backing. Pull swab out of its packaging by the handle.

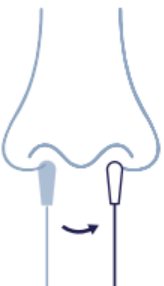
Note: Do not touch the soft tip with your hands or lay it down on any surface.



3
Rotate swab tip in your first nostril, 3 times.

Insert it into one nostril just until the soft tip is no longer visible, about 1 inch. Rotate it in a circle around the inside edge of your nostril at least 3 times.

Note: Do not force the swab any further.



4
Repeat in your other nostril, 3 times.

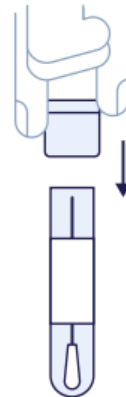
Repeat the previous step in your second nostril, using the same end of the swab.

Note: You will use the same swab for both nostrils.



5
Put the swab into the collection tube.

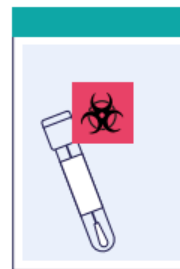
The soft tip of the swab that went into your nose should go into the tube first.



6
Push the cap of the collection tube closed.

You're almost done! Make sure the top is closed tightly.

Note: After closing the collection tube, use hand sanitizer to clean your hands thoroughly.



7
Put the collection tube into the biohazard bag.